

# *Theoretical Consideration and Analysis of Physical Education Teaching Evaluation in China*

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**Abstract:** With the development of science and technology in the new century, modern educational technology has affected our production and life style, and it has also changed our educational concept. Firstly, this paper analyses the relevant theories of physical education teaching evaluation, and then puts forward some solutions according to the problems in physical education teaching evaluation.

## **1. Introduction**

Teaching evaluation is a basic link in the process of physical education teaching. Physical education teaching evaluation is a daily work in school physical education. It needs to judge physical education teaching activities and their effects. Through information feedback control, colleges and universities can ensure the effectiveness of teaching activities to achieve the intended goals. With the gradual deepening of people's understanding, physical education teaching evaluation has been paid more and more attention by people, and its manifestations also show a variety of situations. Diversified teaching modes play different roles in sports teaching, such as regular or irregular regular evaluation, various kinds of teaching competitions at all levels, various forms of special evaluation, and so on. However, physical education teaching evaluation in our country started late, and it is still in a period of continuous development whether in theoretical research or in practical operation. As a branch of education evaluation, physical education teaching evaluation started later, and many aspects are still in the process of exploration.

## **2. Relevant theory of physical education teaching evaluation**

### **2.1 Educational evaluation**

According to Taylor's understanding, educational evaluation is an activity to measure the degree of educational activities to achieve educational goals. "The evaluation process is essentially a process of identifying curriculum and teaching plans to actually achieve educational goals," he said. This definition can be regarded as the earliest definition of educational evaluation.

The book *Educational Evaluation*, edited by Wang Hanmei, holds that educational evaluation is based on certain purposes and standards. It adopts scientific attitudes and methods to judge the quality and quantity of educational work, including activities, personnel, management/performance, etc.

## 2.2 Basic theory of PE teacher evaluation

Ma Weidong and Zhang Bo have the following views in their *evaluation of College PE teachers from the perspective of constructivism*. The traditional evaluation methods of physical education teachers in Colleges and universities have obviously not been able to meet the requirements of the new era. From the perspective of constructivism, they discussed the evaluation of College Physical Education teachers.

This way can better reflect the multi-dimensional, dynamic and developmental characteristics of College Physical Education teachers' evaluation. Ji Yuantang has the following views in their *Research on the Theory and Model of Teachers' evaluation in Physical Education Institutions*. Teachers' evaluation is a powerful measure to strengthen the management and construction of teachers. It is the right way to realize the scientific management of teachers. From two aspects of evaluation theory and model, this paper analyses the current evaluation system of teachers in physical education institutions. Finally, he revised and perfected the evaluation concept, evaluation principle and evaluation function in the evaluation model, and he pointed out the basic direction for the teaching quality of sports colleges.

## 3. The problems of physical education teaching evaluation

A total of 2000 questionnaires were distributed and 1804 valid questionnaires were recovered, with a recovery rate of 90.2%.

### 3.1 Evaluation dimension of physical education teachers

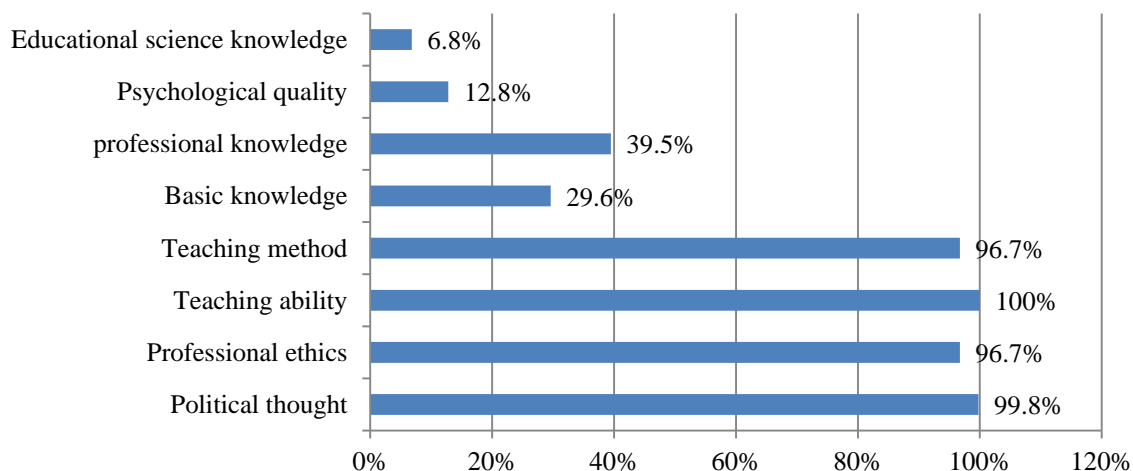


Figure 1: Evaluation Dimension of Physical Education Teachers

This paper investigates the evaluation dimensions of physical education teachers. According to the survey results, schools generally pay more attention to the following aspects of physical education teacher evaluation, such as Teaching ability, Political thought, Teaching method and Professional ethics, accounting for 100%, 99.8%, 96.7% and 96.7% respectively. The detailed results are shown in Figure 1.

### 3.2 School feedback on evaluation results

There are many forms of feedback on the evaluation results of PE teachers in Colleges and

universities. According to the survey results, the personal information network query is the main way of feedback, accounting for 55.4%. And then it is opening on the meeting, accounting for 29.6%. The detailed results are shown in Figure 2.

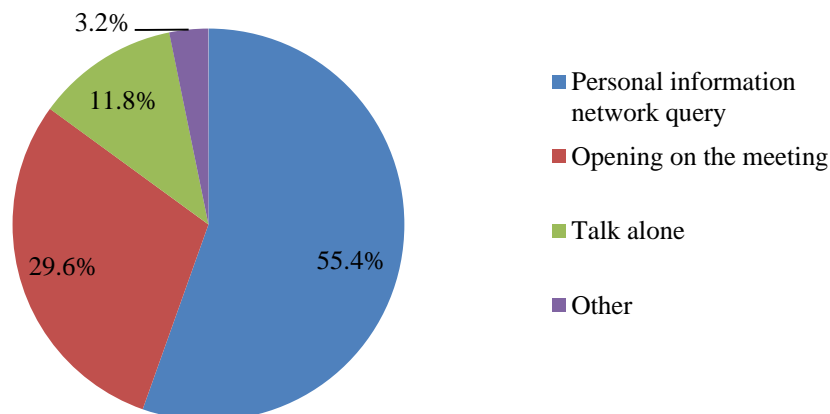


Figure 2: School Feedback on Evaluation Results

### 3.3 Systematic evaluation of physical education teachers

A complete and systematic evaluation program is the basic prerequisite for the smooth development of evaluation activities for physical education teachers. According to the survey results, the Scattered evaluation schemes is the main present situation, accounting for 64.5%. And then it is Systematic evaluation scheme, accounting for 23.3%. The detailed results are shown in Figure 3.

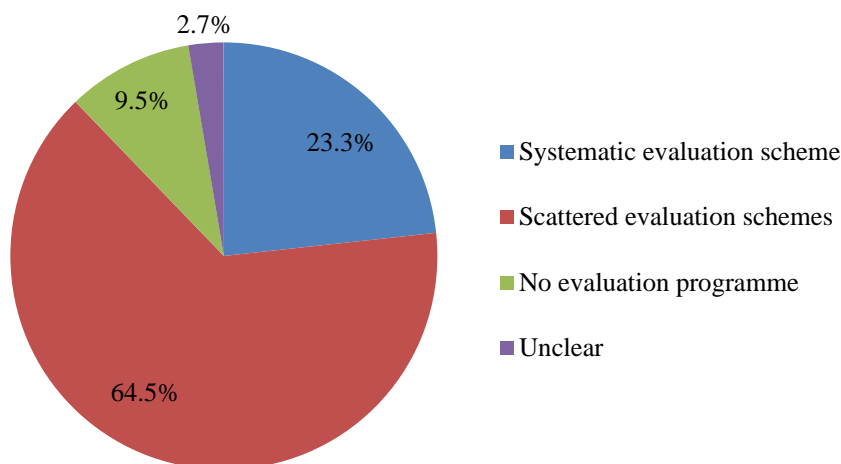


Figure 3: Systematic evaluation of physical education teachers

## 4. Measures to improve the evaluation of physical education teaching

### 4.1 Constructing multivariate evaluation model

The single evaluation mode of physical education teaching can not satisfy the reflection of evaluation function. Physical education teaching evaluation should guide physical education to meet the needs of the main body and society. Teaching evaluation serves to improve teaching quality and promote students' all-round development. Therefore, different teaching objects should have different teaching objectives and evaluation methods. According to the requirements of evaluation, colleges and universities should reasonably formulate individualized/systematic/pluralistic

evaluation methods of physical education teaching. Only in this way can colleges and universities improve the evaluation level of physical education teaching in an all-round way.

#### 4.2 Improving the humanistic quality of physical education teachers

Improving the humanistic quality of physical education teachers is the premise of Infiltrating Humanistic Education in physical education. The formation of students' humanistic quality needs the influence of teachers' personality charm. Physical education teachers should be good at not only as "classical teachers" in teaching, but also as "human teachers" in educating people. Physical education teachers should not only be good teachers in daily life, but also run through the education of physical education and humanistic spirit in classroom teaching. Teachers should become educators of students, mentors of life and moral guides. Therefore, if we want to implement humanistic quality education in physical education, we must strengthen the humanistic quality of College Physical Education teachers, which is an indispensable condition.

#### 5. Conclusions

The evaluation of physical education teaching should conform to the development of the times. Colleges and universities can cultivate new innovative talents of "physical education" in various ways, such as improving the evaluation methods, forming a diversified evaluation system, and increasing humanistic literacy.

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